

Ordering Quarterly Nicotine Replacement Therapy – Behavioral Health Residential Facility Protocol (ONLY FOR Tobacco Treatment Specialist on Staff)

A number of mental health and substance abuse (behavioral health) residential facilities now have one or more trained Tobacco Treatment Specialists (TTSs) on staff. The Vermont Department of Health Tobacco Control Program (TCP) and Vermont Blueprint for Health Regional Coordinators agreed to supply these residential facilities with Nicotine Replacement Therapy through the quarterly bulk ordering process. Please consider expiration dates when placing orders.

Tobacco Treatment Specialists at behavioral health facilities will place bulk orders for starter-kits with their local Regional Coordinator and will use the Accountability Form to track distribution. The Accountability Form is submitted to the Regional Coordinator at the time of the quarterly bulk order and becomes part of what is submitted to the Tobacco Control Program to account for the previously distributed bulk order.

-Uninsured and Insured clients who are not interested in quitting but who are required to abstain from smoking when entering a residential facility are eligible for a 2-week starter-kit to ease withdrawal symptoms.

-Uninsured clients who are trying to quit tobacco when in a residential facility can receive the 2-week starter kit AND up to four additional 2-week “starter”-kits of long- and short-acting NRT (10 weeks total) **if there is a Tobacco Treatment Specialist on staff who is providing cessation counseling to that client.**

-Insured clients who are trying to quit tobacco can get the 2-week starter kit and are encouraged to procure additional NRT through their insurance plans.

-Facility staff can receive one 2-week starter-kit if interested in quitting.

- **Any** client (insured or uninsured, getting cessation treatment or not) in a residential facility where there is a TTS on staff is able to get the two-week starter kit to assist with his/her withdrawal symptoms or to assist with the quit attempt.

Quantity Minimums for Regional Coordinators’ Order:

Minimum order for NRT is 1 case = 12 cartons

1 carton = 2 week supply

Required Forms to Receive NRT: All forms are sent to your local Regional Coordinator.

Find your local Regional Coordinator on this map: <http://802quits.org/in-person-quit-help/find-a-vermont-quit-partner/>

- **Order Form**
- **Accountability/Tracking Form**
- **Brief Justification Email** (if increasing quantities from past order(s))

For questions about orders, or cessation-related questions, or getting your own trained TTS contact Rebecca.Rouiller@vermont.gov.